

A FREE GUIDE

Cleaning by Design

The 15-Minute *Reset*

How to make your home feel clean, calm, and put-together, even on your busiest days.

WHERE CLEAN MEETS CARE · SOUTHWEST LOUISIANA

You are not *behind*.



If your home doesn't look the way you wish it did right now, I want you to hear this first: you are not behind. You are not lazy. You are just doing a hundred things, and the house is one of them.

Here's a secret from someone who has cleaned homes for over twenty years: you don't need hours to make your home feel clean. You need to know which few things actually move the needle, while most people waste energy on what nobody notices.

This guide is those few things. The reset my own team uses to make the biggest difference in the least time. And when you're ready to hand the deep stuff off entirely, that's what we're here for.

-Kristen Prejean

A room doesn't have to *be* spotless to *feel* clean.

It just has to hit a few visual cues your brain reads as "this space is cared for":

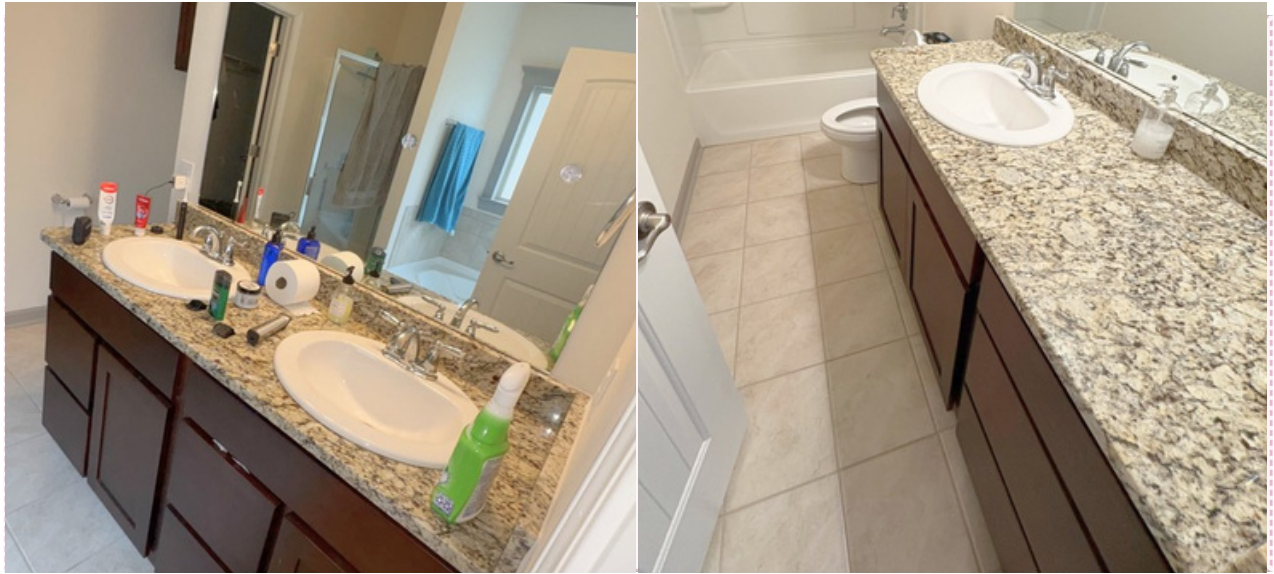
- *Clear flat surfaces*
- *A made bed*
- *A fresh scent*
- *Clean floors in the walking path*

That's it. Your brain fills in the rest. Master those cues, and a "good enough" room reads as clean. Ignore them, and even a scrubbed room can feel messy. Every tip ahead is built around hitting those cues, *fast*.

1

THE RESET

Clear the flat surfaces first



Before anything else, clear your counters, tables, and any flat surface in your sightline. Clutter on flat surfaces is the number one thing that makes a room read as messy. More than dust, more than floors.

Grab a basket, sweep the clutter into it, and deal with it later. In three minutes, the room already looks fifty percent cleaner. This is the single highest-impact move there is.

2 THE RESET

The sightline trick

Stand in the doorway of each room. What you see from *that spot* is ninety percent of the impression. Clean what's in the sightline, the coffee table, the visible counter, the path to the couch, and don't worry about what's tucked in corners nobody sees.

Pros clean for impact, not for perfection. Your energy goes where eyes go first.



3

THE RESET

Wipe the "impression" surfaces



Every room has one or two surfaces that, when shiny, make the *whole* room look clean: the kitchen sink and faucet, the bathroom mirror, the stovetop. A streak-free faucet and mirror signal "clean" to the brain instantly.

Keep a microfiber cloth handy and hit just those. Ninety seconds, huge payoff.

4

THE RESET

Floors in the path only

You don't need to clean the whole floor to make it feel clean. A quick vacuum or sweep of the walking paths and visible areas, the middle of the room, not under the couch, resets the whole space.

Save the edges and hidden areas for a deep-clean day. Or let us handle those.



5

THE RESET

The scent finish



Here's the pro secret most people miss: scent is half of "clean." A home can be spotless and still feel stale, or "good enough" and feel fresh, based entirely on smell.

Open a window for two minutes, or use a light, clean-scented spray. Your brain reads fresh air as a fresh home. Finish every reset with scent. It's the exclamation point.

6

THE RESET

Make the bed. Always.

A made bed makes an entire bedroom read as clean, even if nothing else is done. It takes sixty seconds and it's the highest return on effort in the whole house.

If you do one thing, do this.



Some things were never meant to be carried *alone*.

These tricks are genuinely powerful. They'll get you through, keep your home presentable, and buy you calm on busy days.

But here's what they can't do: the deep stuff. The baseboards, the grout, the inside of the oven, the built-up soap scum, the corners and edges, the things that quietly build up no matter how good your resets are. That work takes time, the right products, and know-how. It's the difference between a home that *looks* okay and one that's genuinely, deeply clean.

Think about it this way: an afternoon spent scrubbing is an afternoon not spent on your family, your work, or your rest. When you hand the deep cleaning to us, you're not buying a luxury. You're buying back your time and your peace.

WHEN YOU'RE READY

Cleaning by Design

We'd be honored to *help*.

For over twenty years, we've cared for homes the way we'd care for our own. Background-checked, trained technicians. Fully bonded and insured. A 100% satisfaction guarantee. And a People's Choice favorite, year after year.

If this free guide was this helpful, imagine coming home to a space we've taken care of, top to bottom.

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Or call or text me anytime: (337) 442-0062

Kristen Prejean

FOUNDER & CEO · WHERE CLEAN MEETS CARE